



# Weekly Update

Week  
Seven

## Newsletter

Sept. 30 - Oct. 4, 2024

### Week Seven AVID Strategy

**This week our AVID strategy is continuing to focus on Sketchnoting!**

Taking notes no longer means just jotting down written words. Another way to meaningfully interact with content is through visual note-taking. Scholars can record their thoughts using pictures, symbols, and text.

# HOMECOMING

## Spirit Week Activities

Monday, Sept. 30 - Friday, Oct. 4

### Elementary Spirit Days

- Monday - Favorite Team Day
- Tuesday - Wear Pink For Breast Cancer
- Wednesday - Wacky Tacky Day
- Thursday - Grade Color Day
- Friday - RMP Pride Day

### Middle School Spirit Days

- Monday - Twin Day
- Tuesday - Wear Pink For Breast Cancer
- Wednesday - Jersey Day
- Thursday - Throwback Thursday
- Friday - Blue & Gold Day

### High School Spirit Days

- Monday - Senior Citizen Day
- Tuesday - Old Skool vs New School
- Wednesday - Adam Sandler Day
- Thursday - Twin Day
- Friday - Blue & Gold Day

### **! Reminder !**

Scholars **MUST** wear appropriate clothing while participating in Spirit Week.

Scholars **NOT** participating **MUST** be in uniform!

**\*\* Middle School \*\*** Scholars in Middle School **MUST** wear uniform bottoms (khaki, black, navy) on **ALL** days.

**Homecoming Football Game - Oct. 4th at 7:00 pm**

## Important Upcoming Dates

- Friday, Oct. 11 - End of Quarter
- Monday, Oct. 14 - Teacher Workday - No School for Scholars
- Monday, Oct. 14 - Monthly Board Meeting
- Thursday, Oct. 17 - Report Cards Issued
- Monday, Oct. 21 & Tuesday, Oct. 22 - Fall Picture Day

The Academic Calendar for the school year can be found here: <https://www.rmprep.org/Calendar>

## Candy Man Reminder

**The Candy Man Fundraiser Ends Tuesday, Oct. 1st!**

Make sure to get the orders turned in on time.

## High School Announcements

- **Financial Aid Night** - Wednesday, Oct. 2nd at 6:00 pm in the Secondary Media Center

## PTA Announcement

**Save the Date!** - The PTA Fall Festival will be Friday, November 8th from 5:00 - 8:00 pm. More info coming soon.

## RMP School Apparel Announcement!

### **RMP Hoodies and Crew-neck Sweatshirts Have Arrived!**

The hoodies and crew-neck sweatshirts have the RMP logo and scholars will be able to wear them as uniform items to school.

**Scholars and Parents/Families will be able to purchase these items from the school beginning Monday, Sept. 30th.**

### **Available Payment Methods:**

Online - using Card or Cash App

In person - using Cash, Card, or Cash App

### **Available Sizes:**

Youth Small - Adult 2x

**Check out the designs!**



# Athletics & Sports

## Upcoming Athletic Events

- **Monday, Sept. 30:** MS Volleyball @ HOME (vs Conway) at 4:00 pm
- **Tuesday, Oct. 1:** HS Volleyball @ HOME (vs Edgecombe) at 5:00 pm
- **Wednesday, Oct. 2:** HS Cross Country (Gillette Park in Wilson) at 4:00 pm
- **Wednesday, Oct. 2:** MS Football @ HOME (vs Weldon) at 4:30 pm
- **Thursday, Oct. 3:** HS Volleyball @ HOME (vs Northwest) at 5:00 pm
- **Friday, Oct. 4:** **HOME COMING** - HS Football @ HOME (vs Southeast) at 7:00 pm

## RMP Athletics School Spirit Store

**Show your school spirit and support our athletics department!**

There are many items available to personalize, such as hoodies, t-shirts, backpacks, water bottles, and much more!

The outerwear - hoodies, jackets, and sweatshirts - purchased through the Athletics School Spirit Store are able to be worn to school as uniform items.

**Grand Opening Discount - 20% off for a limited time with code SPIRIT20**

Check it out! <https://bit.ly/Jaguars-Store>



## Basketball Skill Development

**Skill Development Sessions!**

- **MS & HS Girls** - Saturdays from 8:00 - 10:00 am
- **HS Boys** - Saturdays from 10:00 am - 1:00 pm

## NEW Volleyball & Baseball Club for Elementary

**For Scholars in Elementary Scholars in Grades 3 - 5**

Coach Bandin is starting a Volleyball and Baseball club to teach fundamental skills and techniques in the sports which will help prepare them for Middle School Athletics.

### **Schedule**

Beginning the Second Week of September!

Volleyball will meet on the 1st and 2nd Saturday of each month from 3:00 - 5:00 pm

Baseball will meet on the 3rd and 4th Saturday of each month from 3:00 - 5:00 pm

Saturday, Oct. 5: Volleyball

Saturday, Oct. 12: Volleyball

**Please register here:** <https://bit.ly/3-5-Sports-Club>

**Please email Coach Bandin for any questions -** [mikeselle.bandin@rmprep.org](mailto:mikeselle.bandin@rmprep.org)

# General Reminders

## **Breakfast & Lunch Menus**

The School Menus can be found online here: <https://rmprep.schooldish.com/SchoolMenus>

Scholars are now able to purchase snacks during their lunch period using cash or their school account. To add money to the school lunch account, please use this link: <https://www.k12paymentcenter.com>

### **Available Snacks:**

- **Chips (Doritos & Cheetos) - \$1.45**
- **Cheez-Its - \$0.85**
- **Scooby Graham Snacks - \$0.75**
- **Rice Krispie Treat - \$1.75**
- **Fruit Roll Ups - \$1.45**

## **Transportation Info**

- Bus Transportation Routes for 2024 - 2025: <https://bit.ly/3WiBtZ9>
- Bus Transportation Request Form: <https://forms.gle/ZndGdyhm3feGJHCN7>

## **Follow Us on Social Media**

**Get athletic announcements, game information, and sports photos here:**

Facebook - [Rocky Mount Prep Athletics](#)

Instagram - [rmp.athletics](#)

**Get all School-wide Announcements and Updates here:**

Facebook - [Rocky Mount Prep](#)

Instagram - [rockymountprep](#)

# Rocky Mount Prep