



# Weekly Update

Week  
Ten

Oct. 21 - 25, 2024

## Newsletter

### Important Upcoming Dates

- Monday, Oct. 21 & Tuesday, Oct. 22 - Fall Picture Day

The Academic Calendar for the school year can be found here: <https://www.rmprep.org/Calendar>

### Fall Picture Day!

- Monday, Oct. 21st** - ALL Elementary & Middle School scholars (grades K-8) will take photos
- Tuesday, Oct. 22nd** - High School scholars in grade 9-11 will take photos

### High School Announcement

**Seniors** - It's FREE NC College Application Week! Don't forget to submit your college applications!



### HS National Honor Society Fundraiser

#### **Donate and Wear Pink!**

If a scholar Donates \$4 on Friday, Oct. 18th and/or \$4 on Friday, Oct. 25th they will be allowed to wear jeans and a pink shirt.

Proceeds will be donated to local Breast Cancer research and treatment at UNC Healthcare Nash Foundation.



### PTA Announcement

**Save the Date!** - The PTA Fall Festival will be Friday, November 8th from 5:00 - 8:00 pm. More info coming soon.

# Athletics & Sports

## Upcoming Athletic Events

- **Monday, Oct. 21:** MS Volleyball AWAY @ Chaloner at 4:00 pm
- **Wednesday, Oct. 23:** MS Football @ HOME (vs Warren) at 6:00 pm
- **Friday, Oct. 18:** HS Football AWAY @ Wilson Prep at 7:00 pm

## Winter Sports Tryouts!

### **Basketball & HS Basketball Cheer Tryouts!**

#### Basketball Tryouts

Oct. 28 - 31 (3:30 - 8 pm)

Nov. 4 - 7 (3:30 - 8 pm)

#### **Contact your Coach for more info!**

Boys Varsity - Coach Crudup

Boys JV - Coach Fields

MS Boys - Coach Battle

Girls Varsity - Coach Vines

MS Girls - Coach Romero

**\*\*Scholars MUST  
have a valid sports  
physical!\*\***

#### HS Basketball Cheer Tryouts

Workouts - Oct. 15 - 17 (3:15 - 5:15 pm)

Tryouts - Oct. 21 - 24 (3:15 - 5:15 pm)

Grades 9 - 12 Welcome!

#### **Contact your Coach for more info!**

Coach Barlow

## NEW Volleyball & Baseball Club for Elementary

### **For Scholars in Elementary Scholars in Grades 3 - 5**

Coach Bandin is starting a Volleyball and Baseball club to teach fundamental skills and techniques in the sports which will help prepare them for Middle School Athletics.

#### **Schedule**

Beginning the Second Week of September!

Volleyball will meet on the 1st and 2nd Saturday of each month from 3:00 - 5:00 pm

Baseball will meet on the 3rd and 4th Saturday of each month from 3:00 - 5:00 pm

**Please email Coach Bandin for any questions - [mikeselle.bandin@rmprep.org](mailto:mikeselle.bandin@rmprep.org)**

## RMP Athletics School Spirit Store

### **Show your school spirit and support our athletics department!**

There are many items available to personalize, such as hoodies, t-shirts, backpacks, water bottles, and much more!

The outerwear - hoodies, jackets, and sweatshirts - purchased through the Athletics School Spirit Store are able to be worn to school as uniform items.

**Check it out! <https://bit.ly/Jaguars-Store>**

# General Reminders

## RMP School Apparel Announcement!

### **RMP Hoodies and Crew-neck Sweatshirts Have Arrived!**

The hoodies and crew-neck sweatshirts have the RMP logo and scholars will be able to wear them as uniform items to school.

#### **Prices:**

Hoodies - \$22

Crew-neck - \$20

Long-sleeve T-shirts - \$15

#### **Available Sizes:**

Youth Small - Adult 3xl



#### **Available Payment Methods:**

Online - using Card or Cash App

In person - using Cash, Card, or Cash App

## Breakfast & Lunch Menus

The School Menus can be found online here: <https://rmprep.schooldish.com/SchoolMenus>

Scholars are now able to purchase snacks during their lunch period using cash or their school account. To add money to the school lunch account, please use this link: <https://www.k12paymentcenter.com>

#### **Available Snacks:**

- **Chips (Doritos & Cheetos)** - \$1.45
- **Cheez-Its** - \$0.85
- **Scooby Graham Snacks** - \$0.75
- **Rice Krispie Treat** - \$1.75
- **Fruit Roll Ups** - \$1.45

## Transportation Info

- Bus Transportation Routes for 2024 - 2025: <https://bit.ly/3WiBtZ9>
- Bus Transportation Request Form: <https://forms.gle/ZndGdyhm3feGJHCN7>

## Follow Us on Social Media

Get athletic announcements, game information, and sports photos here:

Facebook - [Rocky Mount Prep Athletics](#)

Instagram - [rmp.athletics](#)

Get all School-wide Announcements and Updates here:

Facebook - [Rocky Mount Prep](#)

Instagram - [rockymountprep](#)

# Rocky Mount Prep