



Weekly Update

Week
Nine

Oct. 15 - 18, 2024

Newsletter

Week Nine AVID Strategy

This week our AVID strategy is persisting through obstacles!

Important Upcoming Dates

- Monday, Oct. 14 - Teacher Workday - No School for Scholars
- Monday, Oct. 14 - Monthly Board Meeting
- Thursday, Oct. 17 - Report Cards Issued
- Monday, Oct. 21 & Tuesday, Oct. 22 - Fall Picture Day

The Academic Calendar for the school year can be found here: <https://www.rmprep.org/Calendar>

HS National Honor Society Fundraiser

Donate and Wear Pink!

If a scholar Donates \$4 on Friday, Oct. 18th and/or \$4 on Friday, Oct. 25th they will be allowed to wear jeans and a pink shirt.

Proceeds will be donated to local Breast Cancer research and treatment at UNC Healthcare Nash Foundation.



PTA Announcement

Save the Date! - The PTA Fall Festival will be Friday, November 8th from 5:00 - 8:00 pm. More info coming soon.

RMP School Apparel Announcement!

RMP Hoodies and Crew-neck Sweatshirts Have Arrived!

The hoodies and crew-neck sweatshirts have the RMP logo and scholars will be able to wear them as uniform items to school.

Prices:

Hoodies - \$22

Crew-neck - \$20

Long-sleeve T-shirts - \$15

Available Sizes:

Youth Small - Adult 3xl

Available Payment Methods:

Online - using Card or Cash App

In person - using Cash, Card, or Cash App



Athletics & Sports

Upcoming Athletic Events

- **Monday, Oct. 14:** MS Volleyball @ HOME (vs Warren) at 4:00 pm
- **Tuesday, Oct. 15:** HS Volleyball AWAY (vs Warren) at 5:00 pm
- **Wednesday, Oct. 16:** HS Cross Country (Gillette Park in Wilson) at 4:00 pm
- **Wednesday, Oct. 16:** MS Football AWAY (vs Conway @ Northampton) at 6:00 pm
- **Wednesday, Oct. 16:** MS Volleyball @ HOME (vs Conway) at 4:00 pm
- **Friday, Oct. 18:** HS Football AWAY (vs Wake Prep) at 7:00 pm

Winter Sports Tryouts!

Basketball & HS Basketball Cheer Tryouts!

Basketball Tryouts

Oct. 28 - 31 (3:30 - 8 pm)

Nov. 4 - 7 (3:30 - 8 pm)

HS Basketball Cheer Tryouts

Workouts - Oct. 15 - 17 (3:15 - 5:15 pm)

Tryouts - Oct. 21 - 24 (3:15 - 5:15 pm)

Contact your Coach for more info!

Boys Varsity - Coach Crudup

Boys JV - Coach Fields

MS Boys - Coach Battle

Girls Varsity - Coach Vines

MS Girls - Coach Romero

Grades 9 - 12 Welcome!

Contact your Coach for more info!

Coach Barlow

****Scholars MUST have a valid sports physical!****

Basketball Skill Development

Skill Development Sessions!

- **MS & HS Girls** - Saturdays from 8:00 - 10:00 am
- **HS Boys** - Saturdays from 10:00 am - 1:00 pm

NEW Volleyball & Baseball Club for Elementary

For Scholars in Elementary Scholars in Grades 3 - 5

Coach Bandin is starting a Volleyball and Baseball club to teach fundamental skills and techniques in the sports which will help prepare them for Middle School Athletics.

Schedule

Beginning the Second Week of September!

Volleyball will meet on the 1st and 2nd Saturday of each month from 3:00 - 5:00 pm

Baseball will meet on the 3rd and 4th Saturday of each month from 3:00 - 5:00 pm

Please email Coach Bandin for any questions - mikeselle.bandin@rmprep.org

RMP Athletics School Spirit Store

Show your school spirit and support our athletics department!

There are many items available to personalize, such as hoodies, t-shirts, backpacks, water bottles, and much more!

The outerwear - hoodies, jackets, and sweatshirts - purchased through the Athletics School Spirit Store are able to be worn to school as uniform items.

Check it out! <https://bit.ly/Jaguars-Store>

General Reminders

Breakfast & Lunch Menus

The School Menus can be found online here: <https://rmprep.schooldish.com/SchoolMenus>

Scholars are now able to purchase snacks during their lunch period using cash or their school account. To add money to the school lunch account, please use this link: <https://www.k12paymentcenter.com>

Available Snacks:

- **Chips (Doritos & Cheetos)** - \$1.45
- **Cheez-Its** - \$0.85
- **Scooby Graham Snacks** - \$0.75
- **Rice Krispie Treat** - \$1.75
- **Fruit Roll Ups** - \$1.45

Transportation Info

- Bus Transportation Routes for 2024 - 2025: <https://bit.ly/3WiBtZ9>
- Bus Transportation Request Form: <https://forms.gle/ZndGdyhm3feGJHCN7>

Follow Us on Social Media

Get athletic announcements, game information, and sports photos here:

Facebook - [Rocky Mount Prep Athletics](#)

Instagram - [rmp.athletics](#)

Get all School-wide Announcements and Updates here:

Facebook - [Rocky Mount Prep](#)

Instagram - [rockymountprep](#)

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