

Rocky Mount Prep

Swim Meet Schedule

Friday December 2	@Rocky Mount YMCA	Dismissal Time: 2:50 Warm ups: 4:00 Meet start time: 5:00
Friday December 16	@Roanoke Rapids	Dismissal Time: 2:50 Warm ups: 4:30 Meet start time: 5:00
Monday December 19	@Northern Vance	Dismissal Time: 2:30 Warm ups: 4:00 Meet start time: 4:30
Thursday January 19	@Rocky Mount YMCA	Dismissal Time: 2:50 Warm ups: 4:00 Meet start time: 5:00