



BULLYING PREVENTION MONTH

National Bullying Prevention Month

October is nationally recognized as Bullying Prevention Month, originally established in 2006 by PACER's National Bullying Prevention Center. During this month organizations, schools and communities engage in activities that raise awareness about bullying and its prevention by promoting education about the devastating impact of bullying.

<http://www.pacer.org/bullying/nbpm/>

NC Bullying Awareness Campaign 2016

In honor of the National Bullying Prevention Month, the North Carolina Center for Safer Schools again this year launched a bullying awareness SOCIAL MEDIA CAMPAIGN, **Bully Free NC**, providing weekly topics and information to educate both students and communities about bullying and providing inspirational messaging regarding bullying prevention.

This campaign and future ones will work toward making our schools and communities a safer place for our young people to grow and thrive in by sharing our weekly blogs and social media posts.

Bully Free NC Campaign

Week 1: *Bystander Week*

Week 2: *Suicide Awareness Week*

Week 3: *Kindness Week*





Week 4: *Bullying: The Low-Down Week*

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NCSaferSchools



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<https://www.ncdps.gov/landing-page/nc-center-safer-schools>

Bullying Statistics

- ✓ Approximately 160,000 students stay home each day out of fear of being bullied
- ✓ Less than 10 percent of bullied children tell someone
- ✓ Bullying occurs in school playgrounds every seven minutes and once every 25 minutes in the classroom
- ✓ 48 percent of students have reported to have been bullied
- ✓ 42 percent of students admitted to bullying other peers at least once
- ✓ Suicide is the second leading cause of death among young people
- ✓ 40 percent of suicide victims had been bullied during their lifetime
- ✓ 86 percent of boys and girls polled said they've seen someone else being bullied
- ✓ 90 percent of students do not like to see someone bullied, but less than 20 percent are likely to intervene
- ✓ Over half the time, when bystanders intervene they can stop bullying within 10 seconds



Social Media Campaign Hash Tags

#BullyingPreventionMont

#Praise

#BullyFreeN



Weekly Blog Posts @:

North Carolina Center for Safer Schools: Center SPKS UP

<https://www.ncdps.gov/landing-page/nc-center-safer-schools>

Check Out These Websites!

Websites below provide resources for students, parents, and school personnel. The resources include curriculum, anti-bullying programs, student campaigns, victimproof/bullyproof guides, parent guides and statistical information.

<https://charactercounts.org/>

<https://tomthelen.com/>

<http://thefatboychronicles.com/>

<https://bestrong.global/>

<http://www.reachinginreachingout.com/resources-parentprofessionals.htm>

<http://www.pacer.org/bullying/>

<http://www.pacer.org/bullying/resources/publications/spanish-materials.asp> (Spanish)

<http://www.stompoutbullying.org/>

<http://www.bystanderrevolution.org/discuss>

<http://americanspcc.org/bullying/>

<https://www.bullying.org/>

http://www.cnusd.k12.ca.us/cms/lib/CA01001152/Centricity/Domain/3999/Bully%20Prevention%20in%20positive%20behavior%20support_ES.pdf



<http://info.character.org/blog/bid/128143/19-Signs-Your-Child-Is-Being-Bullied-and-What-to-Do-about-It>

Suicide Prevention

<http://store.samhsa.gov/product/SMA12-4669>

<http://www.injuryfreenc.ncdhhs.gov/preventionResources/docs/2015-NC-SuicidePreventionPlan-2015-0505-FINAL.pdf>

For more information, please visit



<https://www.ncdps.gov/landing-page/nc-center-safer-schools>

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